

KINDERGARTEN READINESS TIPS



**Read
this
book!**

Can You Do This?
by Megan Roy



Grown-up tip

Singing songs like this one and getting silly together is a great way to connect and to learn. Kids are practicing their fine and gross motor skills by moving their bodies, they are growing their ability to listen and follow directions, and they are learning vocabulary when you name the parts they are moving. Most importantly you are having fun together!

Take a look at this!

Scan the QR code and visit OC Public Library's Kindergarten Readiness webpage to see a video this rhyme and more!



Show Me How Your Body Can Move

Show me how your hands can clap,
hands can clap, hands can clap
Show me how your hands can clap
Then show me how they STOP!

Show me how your feet can stomp,
feet can stomp, feet can stomp
Show me how your feet can stomp
Then show me how they STOP!

Show me how your legs can jump,
legs can jump, legs can jump
Show me how your legs can jump
Then show me how they STOP!

Make this song yours by going back and forth suggesting new movements. Let the child take the lead and see what movements they can challenge you to do!

**Check out
this
Kindergarten
Readiness
backpack!**



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