A simple, repetitive rhyme like this is easy to remember and lends itself to transformation. Once a rhyme has become familiar, you can use it in all sorts of situations. Sing about clothes instead of food (Take a shirt, Put it in the pot) or about shapes instead of colors (The prettiest square you ever did see!). Encourage your child to do the same! Playing with language by making up new words to a song builds confidence and makes learning fun!

Rainbow Stew
Take an apple
Put it in the pot
Stir it, stir it, stir it a lot.
Take it out. What will it be?
The prettiest red you ever did see.

Take an orange
Put it in the pot
Stir it, stir it, stir it a lot.
Take it out. What will it be?
The prettiest orange you ever did see.

Take a banana
Put it in the pot
Stir it, stir it, stir it a lot.
Take it out. What will it be?
The prettiest yellow you ever did see.

Take some broccoli
Put it in the pot
Stir it, stir it, stir it a lot.
Take it out. What will it be?
The prettiest green you ever did see.

Take a blueberry
Put it in the pot
Stir it, stir it, stir it a lot.
Take it out. What will it be?
The prettiest blue you ever did see.

Take a grape
Put it in the pot
Stir it, stir it, stir it a lot.
Take it out. What will it be?
The prettiest purple you ever did see.

Grown-up tip
Read this book!
Eating the Alphabet
by Lois Ehlert

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Put it in the pot
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The prettiest purple you ever did see.

Take a look at this!
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