Evidence-Based Classes 2013

Class	Dates	Location	Address	Day	Time	RSVP contact	Email/Phone #
CDSMP/Healthier Living	2/18-3/25/13	Kaiser OC Health Pavilion	200 Lewis St. Orange 92868	Mon	9:30-12:00 pm	Information	(888) 988-2800
CDSMP/Healthier Living	3/18-4/22/13	Lakeview Senior Center	20 Lake Rd Irvine 92604	Mon	12:00-2:30 pm	Front Desk	(949) 724-6906
CDSMP/Healthier Living	4/1-5/6/13	Fullerton Senior Center	340 W. Commonwealth Fullerton 92832	Mon	9:00-11:30 am	Front desk	(714) 738-6305
CDSMP/Healthier Living	4/1-5/6/13	Kaiser OC Health Pavilion	200 Lewis St. Orange 92868	Mon	1:00-3:30 pm	Information	(888) 988-2800
CDSMP/Healthier Living	4/8-5/13/13	Cypress Senior Center	9031 Grindlay Cypress 90630	Mon	9:00-11:30 am	Front Desk	(714) 229-2005
CDSMP/Healthier Living	5/7-6/11/13	Costa Mesa Senior Center	695 W. 19th St Costa Mesa 92627	Tues	1:00-3:30 pm	Front desk	(949) 645-2356
CDSMP/Healthier Living	5/13-6/24/13	Kaiser OC Health Pavilion	200 Lewis St. Orange 92868	Mon	5:30-8:00 pm	Information	(888) 988-2800
CDSMP/Healthier Living	6/3-7/8/13	H. Louis Lake Senior Center	11300 Stanford Garden Grove 92840	Mon	9:00-11:30 am	Front desk	(714) 741-5253
CDSMP/Healthier Living	7/8-8/12/13	Kaiser OC Health Pavilion	200 Lewis St. Orange 92868	Mon	9:30-12:00 pm	Information	(888) 988-2800
CDSMP/Healthier Living	7/15-8/19/13	Fountain Valley Senior Center	17967 Bushard St Fountain Valley 92708	Mon	9:00-11:30 am	Front desk	(714) 593-4446
CDSMP/Healthier Living	8/19-9/30	Kaiser OC Health Pavilion	200 Lewis St. Orange 92868	Mon	5:30-8:00 pm	Information	(888) 988-2800
CDSMP/Healthier Living	9/23-11/4/13	Westminster Senior Center	8200 Westminster Blvd Westminster 92683	Mon	9:00-11:30 am	Front desk	714-895-2878
CDSMP/Healthier Living	10/7-11/11/13	Kaiser OC Health Pavilion	200 Lewis St. Orange 92868	Mon	1:00-3:30 pm	Information	(888) 988-2800
CDSMP/Healthier Living	11/18-12/23/13	Kaiser OC Health Pavilion	200 Lewis St. Orange 92868	Mon	9:30-12:00 pm	Information	(888) 988-2800
Powerful Tools for Caregivers (Spanish)	4/17-5/22/13	Park Plaza	620 S. Glassell St Orange 92866	Wed	5:30-8:00 pm	Caregiver Resource Center	(800) 543-8312
Powerful Tools for Caregivers	4/25-5/30/13	Florence Sylvester Senior Center	23721 Moulton Pkwy Laguna Hills 92653	Thurs	1:00-3:30 pm	Caregiver Resource Center	(800) 543-8312

Powerful Tools for Caregivers	7/11-8/15/13	Alzheimer's Family Services Center	9451 Indianapolis Ave Huntington Beach 92646	Thurs	1:30-4:00 pm	Caregiver Resource Center	(800) 543-8312
Powerful Tools for Caregivers	9/19-10/24/13	Caregiver Resource Center	130 W. Bastanchury Rd Fullerton	Thurs	6:00-8:30 pm	Caregiver Resource Center	(800) 543-8312
Savvy Caregiver	4/11-5/23/13	Silverado Senior Living	30311 Camino Capistrano San Juan Cap 92675	Thurs	9:00-11:30 am	Bobbie Babbage	(949) 757-3758
Savvy Caregiver	5/23-7/11/13	Vivante on the Coast	320 W. Coast Hwy Newport Beach 92663	Thurs	1:30-4:00 pm	Bobbie Babbage	(949) 757-3758
Savvy Caregiver	7/10-8/21/13	Silverado Senior Living	240 E. Third St. Tustin 92780	Wed	9:30am-12:00pm	Bobbie Babbage	(949) 757-3758