

Batterers Treatment
Programs:

Anaheim

Counseling Concepts*
(714) 778-6495

Diversified Counseling*
(714) 758-9920

Costa Mesa

Human Options
(949) 435-9996

Fullerton

Action Consultants*
(714) 449-9982

Alta Institute, Inc.*
(714) 680-0241

Garden Grove

KC Services**
(714)539-4544

Irvine

KC Services**
(800) 427-4929

Laguna Niguel

South Coast Counseling*
(949)582-2833

La Habra

Gary Center* (562) 691-3263

Mission Viejo

Diversified Counseling
(949) 455-0744

*Spanish speaking available

**Resources Domestic Abuse Service
Unit DASU**

General Information 714-704-8265

**Domestic Abuse Shelters Hotlines in
Orange County**

Human Options *	(949)	854-3554
Interval House *	(714)	891-8121
Laura's House *	(949)	498-1511
W.T.L.C. *	(714)	992-1931

Victim Witness Programs

Central Court	(714)	834-4350
Harbor Court	(949)	476-4855
North Court	(714)	773-4575
South Court	(949)	249-5037
Westminster Court	(714)	896-7188

**Resources to obtain restraining
orders**

Monday – Friday * (714) 935-7956

24 Hour Info. Recording (714) 973-0134

Other Legal Assistance:

VINE Victim Information
Notification Everyday: * (800) 721-8021
Victims can register to be notified immediately of the
offender's release, escape, transfer, or court appear-
ance. www.vinelink.com

⇒ Safe at Home (877) 322-5227
Confidential address

⇒ FACT-Family Resource
Centers (714) 704-8777

⇒ Info-Link Orange Co. Call 2-1-1

⇒ Domestic Violence Hotline (800) 799-7233

⇒ Legal Aid Society * (800) 834-5001

F063-41-169(09-06)ENG.



**Social Services
Agency**



**Domestic Abuse
Services Unit
(DASU)**

Services are provided to
CalWORKs Participants
and their families who are
victims of Domestic Abuse
A CalWORKs Supportive
Services Program



County of Orange

What is Domestic Abuse?

Domestic Abuse is defined as assaultive or coercive behavior, which includes: physical abuse, psychological abuse, sexual abuse, economic control, stalking, isolation, threats, or other types of coercive behaviors occurring within a domestic relationship.

You may be a victim of Domestic Abuse if your partner:

- Hits, kicks, slaps or shoves you
- Is extremely jealous or has an explosive temper
- Throws things at you or breaks things in anger
- Criticizes, threatens or blames you frequently

⇒ Safety Plan

Even if the batterer does not currently present a lethal threat, it is necessary to devise a safety plan for the victim and his or her children.

- Think about the perpetrator's warning signals
- Think about all possible escape routes; rehearse and include children as appropriate
- Arrange code words or signals for family, friends, and co-workers to know you need help
- Plan possible safe places to go and/or live if you have to leave immediately; keep phone numbers handy
- Pack a survival kit; include money, medications, clothes, extra keys, important papers; take a child's favorite toy if leaving
- Note perpetrator info.: date of birth, social security number, description, vehicle/license, weapons, work sites, hangouts, etc.; conceal it and leave with a relative or trusted friend .
- Start an individual savings account, with statements sent elsewhere
- Try not to be alone with the perpetrator
- Learn emergency phone numbers; teach them to the children
- Call local victim service agencies prior to a crisis for information on safety, rights, and resources
- Review and update the safety plan regularly

The effects of domestic abuse on Victims'

Employment

- More likely to be unemployed
- More likely to suffer from physical and mental health problems that can affect employability and job performance
- Personal income is lower, and are significantly more likely to receive public assistance than those persons not experiencing domestic abuse
- Problems with depression, anxiety, and anger

These problems influence the victims' readiness for the labor market over time.

The Impact Domestic Abuse has on Children

Up to age four, children react to witnessing violence with behavior such as shaking, crying, poor sleeping, yelling, hiding, stuttering, delayed speech and clinging to parents. Infants often exhibit failure to thrive symptoms : underweight, depressed, and frequently ill. As children grow older they show signs of emotional abuse. Some behaviors are:

- General aggressiveness
- Confusion of feelings
- Pattern of over-compliance and fearfulness
- Low self-esteem