## Assistance Available Free to Seniors with Vision Loss

Has your vision deteriorated over the years to where you could use a little help in doing daily tasks, getting from place to place, and leading a full and rewarding life?

Could you benefit from talking to a visually impaired counselor who has learned to use assistive devices to improve her independence and self-reliance?

The Dayle McIntosh Center's Aging with Vision Loss Program could be just what you need.

Funded through a federal grant, the Aging with Vision Loss Program (AVL) has been providing a host of comprehensive independent living services to Orange County seniors with vision loss since 1996. All services are delivered free of charge and are designed to conform to the individual's needs and situation. Every participant receives a personal inhome evaluation so that specific needs and services can be identified. The desired outcome is to provide support which results in an increased level of independence and self reliance.

## Who qualifies for the AVL Program?

To qualify for the program, you must be:

- Age 55 or older
- A resident of Orange County, San Gabriel Area, and Southern Coastal Districts of Los Angeles
- Visually impaired to the extent it affects everyday life activities

## What services are provided?

- Independent living skills training: housekeeping, shopping, cooking, budgeting, and banking.
- Assistance in adapting the home
- Referrals to appropriate transportation resources
- Peer counseling and support (individual or group)
- Access to and training in using free or low-priced adaptive technology and communication devices (special telephones, remote controls, and clocks)

To sign up for Dayle McIntosh's AVL Program, call 714-621-3300 or 1-800-972-8285.

For information on this or any other services for older or disabled adults and their caregivers, call the Office on Aging's Information and Assistance line at **1-800-510-2020**