

On-Site Biometric Screening Frequently Asked Questions

Who is Summit Health, Inc.?

Summit Health, Inc. is a subcontractor to each of the County's three health care providers – Kaiser, Cigna and Blue Shield. They are conducting these screenings on behalf of your health plan.

Summit Health, Inc. is the nation's leading provider of comprehensive wellness, health screening, and immunization programs. In 2007 Summit Health, Inc. touched over 1,200,000 lives by conducting over 20,000 health screening clinics and flu shot programs across all 50 states and Puerto Rico.

How do I register for the health screening?

To register for the health screening, please [Click Here](#). Although a limited amount of walk-ins may be accepted, scheduled appointments will take priority.

Why should I pre-register on-line?

Pre-registering guarantees you will be screened the day of the event. If you do not pre-register you are not assured to be screened that day. Walk-ins are welcome, however all employees with appointments have priority.

How long will the health screening take?

The health screening will take approximately 15-20 minutes.

What values will be measured during the health screening?

The health screening includes measurements for height, weight, blood pressure, body mass index, total cholesterol, HDL and glucose. Results will be reviewed during your screening appointment with a health professional.

How will my cholesterol be checked?

The fingerstick method of blood draw is used to measure cholesterol. This is easy and fast. You will receive immediate results and a brief on-site consultation with a certified health professional. The screener will "prick" your finger and place the blood sample into the Cholestech machine. The machine automatically reads the blood and provides results within 5 minutes.

Do I have to fast before the screening?

No. Non-fasting tests are accurate for measuring your total cholesterol, HDL cholesterol and blood glucose. If your test results are borderline or high, the staff at the screening will encourage you to see your physician for a comprehensive fasting blood test.

Will my screening results be kept confidential?

Yes, all information is treated as confidential medical information. You allow Summit Health, a third party, to handle this information by signing the Screening Consent Form. Your personal results will not be shared with anyone at the County of Orange. Summit Health administers the screenings to ensure confidentiality and is held to strict privacy and security laws.

Is it necessary to provide my Social Security number on the Screening Consent Form?

No, you are only required to use the last four digits of your Social Security number for verification purposes to complete the Wellness Assessment. Summit Health does require you to write the last four digits of your Social Security number on the consent form.

What if I don't agree with the Screening Consent Form?

You will need to sign a Screening Consent Form to participate in the screening. If you do not give your consent, you will not be allowed to participate. Summit Health is required by law to receive employee consent prior to obtaining confidential medical information.