



September is Preparedness Month

Would you be ready if there were an emergency? Be prepared: assemble an emergency supply kit, make your emergency plans, stay informed, and get involved in helping your family, your business, and your community be ready for emergencies.



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NEW PROGRAM!!

Join Radiological Emergency Response Team

A partner program of the OCMRC, the Orange County Radiological Emergency Response Team

(RAD Team) brings together trained responders to perform population monitoring and decontamination in the event of a large scale radiologic event or "dirty bomb". Monthly trainings will start in 2013. More to come!



Prepare your Cell Phone for Response

- Know your phone, its features (e.g. camera, texting, wi-fi, GPS), and its limitations (e.g. battery life, dead zones). Explore your settings and be aware of what features you need during an emergency and what features you can turn off to save battery life.
- Back up your contacts list regularly.
- Store and synchronize essential documents on an online storage service that offers remote access from your mobile device.
- Download apps that may facilitate or improve your response during emergencies.
- Update your apps regularly.
- Bookmark essential websites in your web browser. Be sure to use the mobile website version when available (for example m.fema.gov).
- Use a protective case.
- Take photos of your go kit and store photos on your phone so that during an emergency, you can verify that you have all supplies.

Great On-line Training from the CDC (Free CEUs available)

Psychological First Aid in Radiation Disasters:





MRC NEWS

orange county



MOBILE APPS FOR PREPAREDNESS

Disaster Caster, During an emergency, the app broadcasts the user's plan to family and friends and helps coordinate responses. (**iPhone**)

Disaster Alert provides real-time listing and map of active disasters occurring around the globe. (**iPhone** and **Android**)

Emergency Radio provides access to real-time information via police and fire scanners as well as maps where relevant events are occurring. (**iPhone**)

FEMA contains preparedness information for different types of disasters, an interactive checklist for emergency kits, information on how to stay safe and recover after a disaster, Recovery Center and Shelter maps, and more. (**Android**, **iPhone** and **Blackberry**)

Flashlight-4 uses the **iPhone** white screen as a flashlight. See also Tiny Flashlight (**Android**)

Google Earth mobile allows user to view the same 3D imagery and terrain as the desktop version. Find current location; pan, zoom, and tilt view. Search for places, around the world and view layers of geographic information. User can also search by voice. (**iPhone** and **Android**)

GPS Tuner aggregates a number of maps that then can give on-road or off-road directions that may be useful when typical navigation markers have been destroyed (**iPhone**, **Windows Phone**, **Android**).

HealthMap's Outbreaks Near Me was developed by a surveillance team from MIT and Children's Hospital in Boston in order to try to gain more current information on the H1N1 outbreak at the time. App aggregates a range of data sources, including a user-generated crowd-sourcing feature, to track outbreaks. User can search for outbreaks based on location or disease. (**iPhone** and **Android**)

UP COMING EVENTS AND TRAININGS

SEASONAL FLU CLINICS

POD OPS

ARC ACADEMY

EMOTIONAL FIRST AID TRAINING



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Health Care Agency
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