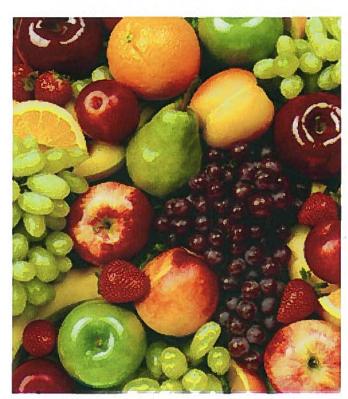
## THE NETWORK FOR A HEALTHY CALIFORNIA—ORANGE COUNTY REGION CELEBRATES

# Fruit and Veggie Fest



Enjoy the bounty of California! DATE:

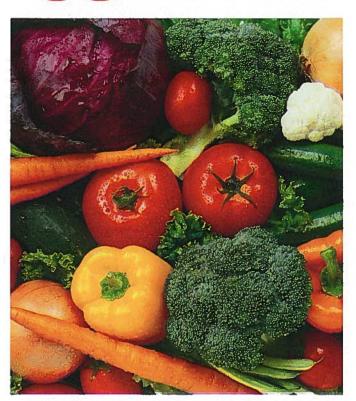
Wednesday, May 28, 2008 10:00 a.m. - 3:00 p.m. "Toast to Health" Ceremony–12:00 p.m.

#### **LOCATION:**

Gonzalez Northgate Market 409 E. 4<sup>th</sup> Street, Santa Ana, CA 92701 (4<sup>th</sup> Street/Spurgeon)

### For more information, contact: Elsa Amezcua

(714) 834-7842 eamezcua@ochca.com



#### **FEATURED EVENTS:**

Learn what the *Network for a Healthy California Campaigns and Programs* can offer.

- The *Retail Program* will host in-store food demonstrations to promote the great taste and benefits of fruits and veggies.
- The *Latino Campaign* will engage adults in fun nutrition activities and share fruit & veggie facts.
- The Children's Power Play! Campaign will demonstrate games to get kids moving while the Physical Activity Specialist will pump up the energy for everyone.
- The Network for a Healthy California dietitians will answer questions about healthy eating and link you to resources on how you can be a Champion for Change!