



# Training & Continuing Education Bulletin

Orange County Health Care Agency Behavioral Health Services

September 2008

## Upcoming Trainings

### October

Placement and Housing Assistance

TAY (Transitional Age Youth) Conference

## MHSA Training Website

**BHS Training Website:**  
<http://www.ochealthinfo.com/Behavioral/TrainingActivities>

**To register for all trainings**  
please email to  
[mtrainingprogram@ochca.com](mailto:mtrainingprogram@ochca.com)

**If you have any questions**  
**or concerns, please call**  
**(714) 667-5600.**

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The County of Orange Health Care Agency is an approved provider of continuing education credits for the California Board of Behavioral Sciences (provider no. PCE389). Provider approved by the California Board of Registered Nursing, Provider No. CEP 15019, and is approved by the American Psychological Association to sponsor continuing education for psychologists. The Orange County Health Care Agency maintains responsibility for this program and its content.



## NAMI Orange County Provider Education Course

**Classes starting September 16, 2008**

Sponsored by NAMI of Orange County

Classes will meet for three hours a week for 10 weeks

3:00 p.m. – 6:00 p.m. Tuesdays

600 W. Santa Ana Blvd, Rm 525, Santa Ana

This FREE 10-week training offers mental health workers a rare personal view of the lived experience of mental illness.

Taught by a mental health professional, trained consumers and family members, this course leads providers to a better understanding of this challenging human story, and prepares them to work collaboratively with consumers and families to foster recovery.

*I have been working at the hospital for 20 years, and this is one of the best programs I have been through for staff. We have worked hard over the years to create a more humanistic and compassionate culture. This program will definitely help us in that direction."*

– Assistant Clinical Director Utah State Hospital

**Additional comments from Santa Clara County participants:**

*"Thought provoking, very intense, informative." "It was excellent!" "This is one of the best classes I've ever taken." "Wonderful, wonderful class! I will miss seeing you all every week!"*

*"I think every service team would benefit from this training."*

**This course provides 30 hours of continuing education for Psychologists, LCSWs, MFTs and RNs**

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**Designed by Joyce Burland, Ph.D., Clinical Psychologist and National Director of the NAMI Provider Education Program.**

**Register by calling NAMI Orange County: 714-544-8488, ext. 115  
Class is FREE. Parking fee \$3**

## BHS MHSA Training Team

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Contact MHSAs Training Staff  
Main Line: (714) 667-5600  
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[mtrainingprogram@ochca.com](mailto:mtrainingprogram@ochca.com)

## Law and Ethics: Risk Management (Repeat)

**Presenter:** A. Steven Frankel, Ph.D., JD, ABPP

**Date and Time:** September 17, 2008, 9:00 a.m. – 4:00 p.m.

**Location:** Alliant University, 2500 Michelson Drive, Bldg. 400, Irvine, CA 92612

**A. Steven Frankel, PhD, JD, ABPP** will provide you with tools and resources to more effectively deal with legal/ethical issues and dilemmas that frequently confront licensed therapists. In *The Legal & Regulatory Environment*, Dr. Frankel uses the doctrine of informed consent to define core issues between ethical, legal, and regulatory forces that create potential challenges and pitfalls for therapists. In *Records and Record Keeping*, he discusses legal and ethical standards for maintaining current records including privacy, content, retention and storage, patient access, dealing with subpoenas for records, and current HIPAA regulations. Finally, in *Confidentiality and Privilege for Adults & Children*, Dr. Frankel clarifies the concepts of confidentiality and privilege for adults and children, when/how to assert privilege in deposition and/or courtroom, and provides structured guidelines to minimize risk when working with custody-related issues and divorcing families.

**Steven Frankel PhD, JD, ABPP (Clinical and Forensic)**, is a clinical psychologist (PSY3354) and an Attorney at Law (SBN192014). He is a Diplomat in Clinical and Forensic Psychology from the American Board of Professional Psychology.

Objectives:

- Appreciate the core issues created by interplay between law, ethics, and regulations in mental health care.
- Understand the doctrine of informed consent and its elements.
- Incorporate the latest changes in professional ethics codes into your practice.
- Implement clinical and risk management strategies which minimize dangers relating to informed consent, while complying with regulatory guidelines and maintaining patient safety.

6 Continuing Education Credits are available for Psychologists, LCSWs, MFTs, and RNs.

The County of Orange Health Care Agency is an approved provider of continuing education credits for the California Board of Behavioral Sciences (provider no. PCE389). Provider approved by the California Board of Registered Nursing, Provider No. CEP 15019 for 6 contact hours, and is approved by the American Psychological Association to sponsor continuing education for psychologists. The Orange County Health Care Agency maintains responsibility for this program and its content.



## Disability Benefits 101 Cross Agency Training

**Presenter:** Bryon MacDonald, World Institute on Disability

**Date and Time:** September 25, 2008, 9:00 a.m. – 4:00 p.m.

**Location:** 600 W. Santa Ana Blvd, Room 525, Santa Ana, CA 92701

The **Disability Benefits 101 Cross Agency Training** builds and supports local service networks armed with real-world knowledge about work, disability, healthcare and other benefits. The target trainee audience includes staff from diverse public, private and non-profit direct service organizations who work with each other through local networks.

The goal of cross agency training is to achieve a *solid awareness level knowledge* of healthcare and other essential supports youth and adults with disabilities can access *while working*. The training spans public and private health, benefit and employment programs and protections, introduces trainees to DB101 benefits planning calculators and provides strategies to improve interaction with benefit program staff. In addition, participants from diverse agencies get to know each other and create or improve networks that last well beyond training events.

Training is suitable for staff at all levels. "Two paychecks are better than one" is one of the key takeaway messages

The World Institute on Disability is an internationally recognized public policy center organized by and for people with disabilities. It works to strengthen the disability movement through research, training, advocacy and public education.

Learning Objectives:

1. Increase awareness that paid work is not a barrier but in fact can increase the benefit options, both public and private.
2. Reduce misinformation and confusion for consumers when they utilize agencies across the spectrum.
3. Increase relationships between agency staff to improve networking.

Target audience: Mental health professionals who work with persons who are on benefits and are interested in going to work.

**5.5 Continuing Education Credits** are available for Psychologists, LCSWs, MFTs, and RNs. **CRC credits** are also available.

Lunch will be provided on site.

The County of Orange Health Care Agency is an approved provider of continuing education credits for the California Board of Behavioral Sciences (provider no. PCE389). Provider approved by the California Board of Registered Nursing, Provider No. CEP 15019 for 5.5 contact hours, and is approved by the American Psychological Association to sponsor continuing education for psychologists. The Orange County Health Care Agency maintains responsibility for this program and its content.



## Second International Conference on Signs of Autism in Infants: Changing Outcomes through Early Identification and Intervention

**Date and Time:** October 11 & 12, 2008, 9:00 a.m. – 4:00 p.m.

**Location:** Placentia Yorba Linda Educational Services Center  
4999 Casa Loma Avenue, Yorba Linda, CA 92886

**The Second International Conference on Signs of Autism in Infants: Changing Outcomes through Early Identification and Intervention** will be held on October 11 & 12, 2008 in Southern California. Produced by Child Development Media, Inc. on behalf of the Child Development Satellite Network, Inc., the conference brings together experts from the United States, Canada and Israel who will share their latest research on the identification of early indicators of autism as well as their experience with the process and tools for diagnosis.

The second day of the conference will be devoted entirely to state-of-the-art intervention approaches.

Professionals of all disciplines, including pediatricians, psychologists, social workers, early interventionists, teachers, physical therapists, occupational therapists, speech and language pathologists, nurses, parents, and public officials concerned with autism are invited to attend.

It is the opinion of Margie Wagner, chief organizer of the conference, that, “based on what we know from research and from experience, it is imperative that we develop intervention techniques for use as close to birth as possible. It is my belief that this conference will give us the tools we need to move us closer to the goal.”

This conference is co-sponsored by the Orange County Early Childhood Mental Health Collaboration in which Orange County Health Care Agency participates. Continuing education credits are being offered by Orange County Health Care Agency. See conference for details.

Please call 800-405-8942 for further information. Group rates, CE credits and limited scholarships.

Go to <http://www.linkup-parents.com/autism-conference-brochure.pdf> to view the conference brochure and register.

## QRTIPS

This section provides monthly critical reminders in relation to CYS documentation standards.

Dear Happy to Help,  
 My service chief has been handing back my case management notes because they sound like I'm doing therapy. Can you help me to avoid this painful ordeal?

Signed,  
 Frazzled

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 Dear Frazzled,  
 I would like to expand on last month's response about case management notes. Will you bear with a little repetition? After writing the (S) (list the usual identifying information, symptoms and impairments) then indicate for (I) what you are doing as a case management service this time. **For example: "case management used for the purpose of..."** Is it communication, coordination, referral, monitoring service delivery to ensure beneficiary access to services, monitoring of client's progress, placement services, or plan development? Clearly state what you are doing from the preceding list. Then I suggest that you use terms such as the following to describe what you actually did:

- 1) For a communication use terms like obtained information, shared information, and consulted with so and so regarding the specific client situation
- 2) For coordination, use terms like discussed, determined, jointly planned
- 3) Referral: use terms such as contacted, initiated, facilitated
- 4) Monitoring of service delivery: inquired, requested
- 5) Monitoring of client's progress: reviewed progress with treating clinician or other individual involved in the case, interviewed client regarding level of improvement in areas of impairment, inquired about current level of functioning
- 6) Placement services: contacted, inquired
- 7) Plan development: completed, worked on, prepared, strategized

**Always keep in mind when you are writing the note that it should relate to CSP goals and state exactly how the outcome of the case management service is of benefit to the client. For example, if you are going to change the treatment plan or adjust your interventions because of this information, say so, because that confirms the necessity of your case management time.**

Sincerely,  
 Happy to Help

Dear Happy to Help,  
 This paperwork is overwhelming and often I don't even know where to start! Do you have any pointers?

Signed,  
 Harried

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 Dear Harried,  
 I know what you mean! I will want to say a lot about how to approach the mountain of paperwork due on a monthly basis, but I will start today with a brief comment about the **Assessment**. Whether you are writing up 60-day or annual paperwork, the assessment of the client's level of functioning, level of impairments and that word again—baseline functioning-- is key information. Keep in mind the question "How often does this problem behavior occur?" Get the answer and use it in the CSP. By assessing the client and determining baselines you have relevant and necessary information for writing clear, effective, and useful (***believe it or not***) MTPs, Client Service Plans, and Progress Notes that directly address the CSP milestones/goals.

Stay tuned,  
 Happy to Help